

CAPE MAY CITY ELEMENTARY SCHOOL

**HEALTHY ALTERNATIVES FOR
SCHOOL BIRTHDAY PARTIES**

- Washed Fruit
- Washed Vegetables and Packaged Dip
- Cheese and Crackers
- Baked Chips and Packaged Dip (Salsa, etc.)
- 100% Juices
- Whole Grain Products (Pretzels, Chips, Crackers)

Packaged Cupcakes permitted (no other substitutions, i.e. cookies, donuts, cakes, etc.)

Birthday Parties must be celebrated in the afternoon after lunch.

For special events, we may make exceptions.

Example: For Thanksgiving celebrations, we may serve pumpkin pie, but again, it must be store bought with ingredients listed on the package.

Foods brought from home to be shared with others (i.e. classroom party) must be in a sealed package, purchased from a grocery store or bakery and must contain a content label.

I would like to order cupcakes from the school cafeteria for birthday parties. Please check with the teachers for the number of children in the class.

Children/Teacher Names:	Birthday:	Chocolate/White:	# of Cupcakes @ \$.50 ea.	Cost:
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Please submit to the teacher with the money enclosed in a sealed envelop.

Thank you!