

ESSAY SELECTIONS FOR THE MONTH OF MAY

Topic:

Why I Like the Fresh Fruits & Vegetables Program

Third Grade:

Dylan Imrisik

I like fresh fruits and vegetables because it makes us happy, and smart. Also, it helps you do math, reading, and science. And, if you eat junk food, it will round you up. So what's your decision

Melani Amador

Why I Want the Fruits and Vegetables

I do like the fruits and vegetables you bring us. The fruits and vegetables are delicious, and incredible.

I think it's not fair for us because some of the students and me love the fruits and vegetables that you give us. It's good for you and healthy for you.

I hope they still do it next year because new students would like the fruits and vegetables that you give us.

That is all I can tell you, but if I was there I would say. Please let us tell you about the fruits and vegetables. Now you know what I would tell you about the fruits and vegetables.

Fourth Grade:

Lilly Corbisiero

Why I Like the Fruits and Vegetables Program

The reason why I like the fresh fruits and vegetables is because they are really healthy. They are a great snack to have. My favorite vegetables are carrots. I have a fruit or a vegetable almost everyday. If I'm hungry and I want popcorn, I will switch to an apple. Apples are really healthy.

Sydney LaCosa

I like the fresh fruits and vegetable program because it keeps you healthy and strong. Some of my favorite fruits and vegetables that they bought are kiwi, apples, and star fruit. Everything that they gave to us tasted so good and delicious. The fruits and vegetables can also give you brain power. When you have brain power you think better. The fresh fruits program is awesome. That is why I like the fresh fruits and vegetables program.

ESSAY SELECTIONS FOR THE MONTH OF MAY - PAGE 2

Fifth Grade:

Anthony Pankowski

I would just like to thank you for this program since now I like more fruits and vegetables that I've never seen or tasted before.

My favorite fruit would have to be star fruit since it has a sour taste when you bite it then it turns sweet. Also it kind of tastes like the soda, Sprite. Now my mom is so proud of me and buys more fruits and vegetables for me to every meal.

Although I don't eat my greens half the time I still enjoy them. My favorite vegetable would have to be salad. I like salad that you make since it's very good but sometimes I wish you lay for the dressing just a little bit. You have inspired me to try new thins since I'm super picky.

I just want to thank you for this awesome program.

Caroline Steudle

Fabulous Fruits

There are many amazing programs at this school, and one of my favorites is the Fruits and Vegetables Program.

This amazing program provides an opportunity to try new foods. For instance, I had never had honeydew before this program, and now its one of my favorite fruits.

Another thing it provides a snack for students who forget to bring one, and sometimes it includes a piece of paper with information about the fruit. I would enjoy if you gave us those more often.

Some of my favorites are pineapple, kiwi, and honeydew.

I am glad that this school has such an amazing fruit and vegetable program, and it really makes me appreciative of healthy foods.

Logan Shannon

The Fresh Fruit and Vegetable Program is a good program because kids try new foods every day. For example, Anthony never tries anything, but now he at least tried everything that they gave us. Some kids did not know what some of the foods we ate. Star fruit for example was a fruit that no one knew. When we tried it we loved it.

I also like this program because they gave out healthy snacks. They don't give out stuff like chocolate they gave out fresh nutritious fruits and vegetables. That's good because some of us eat too much sweets and not enough good foods. That helps kids with their health.

I believe this program should keep going to encourage kids to make better eating habits and try new things.

Sixth Grade:

Naima Latia Harris

The Snack Program

I think the snack program was great! This program gave kids in Cape May City Elementary School a chance to experience different kinds of fruits and vegetables. Some of the fruits and vegetables that we tried were cantaloupe, watermelon, strawberries, and other kinds of things.

In my opinion, the snack program was very helpful because it made me feel energize. My favorite fruits are cantaloupe, watermelon, and apples. I didn't like the salad but everything else was good. I hope the snack program keeps going next year. So kids can have healthy snacks, like I did.

The Fruit and Veggie Program

I like the fruit and veggie program at Cape May city Elementary School. The snacks I brought in were not healthy at all, and the schools snacks were really healthy. I didn't like the salad but I loved the strawberries, kiwi, and all the other stuff. This was an excellent program because it taught all of us that eating healthy can be tasty.